



## **Announcements and Updates**

**NFWC IS NOW OPEN ON  
SUNDAYS !!**

**TIME: 12p to 5p**

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**!!Coming February 12th, 2007**

**“Fit Kids Zone”!!**

**Designed for ages 9 — 14.**

**The *Annual Membership* Price  
for this venue: \$50.00**

**Please inquire within.**